

# BREAKFAST MENU

# THE BOOT

## BREAKFASTS

Full English  
butchers' country sausages, black pudding, beans, bacon, grilled tomato, mushroom, Betty's free range eggs, served with white or granary farmhouse toast

9.50

Vegetarian  
sausages, grilled tomato, mushroom, baked beans and Betty's free-range eggs, served with white or granary farmhouse toast

(v) 8.50

Lighter  
butchers' country sausage, bacon, grilled tomato, mushroom and Betty's free range egg

7.95

## EGGS

Pulled ham hock muffin  
poached Betty's farm free range eggs, mustard and black bomber cheddar mornay, bacon crumb

7.95

Betty's free range eggs on toast  
poached, scrambled or fried eggs on a choice of white, granary or rye bread

(v) 4.95

Scrambled eggs & craigellachie smoked salmon  
Betty's free range scrambled eggs, Scottish smoked salmon, fresh chopped chives, lemon

(gf) 7.95

Black Bomber cheddar & mushroom omelette  
fresh chopped chives

(v) 6.95

## JUICES & SMOOTHIES

Choice of fresh juices  
orange, grapefruit, cranberry, apple

(ve)(gf) 2.90

Virgin Mary  
spice mix, tomato juice, celery

(ve)(gf) 3.50

Mixed berries and almond smoothie  
mixed berries, oats, almond milk, banana

(ve)(gf) 3.95

## LIGHT & HEALTHY

Toasted crumpet &  
craigellachie smoked salmon  
lemon cream cheese, coriander, black pepper

7.95

Dried fruit & nut granola  
natural yoghurt, honey

(v) 4.25

Toasts and preserves  
white, granary, sourdough or rye bread

(v) 3.25

Smashed avocado on rye bread  
pomegranate seeds, coriander, toasted sesame seeds

Add poached free range eggs 1.50

(ve) 6.95

## BREAKFAST SANDWICH

white or wholemeal bloomer, sausages, bacon, free range egg, black pudding, mushrooms, tomato, smoked salmon

1 item: 3.75 / 2 item: 4.75

(v) suitable for vegetarians (ve) vegan (gf) gluten free

Gluten free dishes: please note, most of our dishes can be adapted to offer a gluten free option, please ask staff for details

Nuts, allergies and dietary requirements: We regret we cannot guarantee our food products are totally nut free. Some of our dishes contain nuts and other dishes may contain nuts or nut traces. If you have any allergies or special dietary requirements please consult a member of staff and ask to see our recipe book detailing all the ingredients we use in our dishes. If you are in any doubt, please select another dish from our menu.